

## How and Why do Parents Contact the School Counselor?

Concerns over student achievement  
Family health problems  
Deployment cycles and concerns  
Bullying and peer difficulties  
New school registration and orientation  
Test interpretation  
Discussing special needs of their child  
Early discussion of potential crises  
Family difficulties or concerns

Parents can call the school counselor at any time for a phone conference or to set up a school visit.



**KIDS DON'T CARE HOW MUCH  
YOU KNOW UNTIL THEY KNOW  
HOW MUCH YOU CARE!**

### How Does a Student See A Counselor?

Self-referral  
Request of a counselor  
Parent referral  
Administrative referral  
Teacher or other staff referral  
Referral by friend(s)

Your Guidance Counselors are:

6<sup>th</sup> Mr. Deborah Dudley  
7<sup>th</sup> Ms. Estelle Brown  
8<sup>th</sup> Mrs. Bobbi Angely

**Unit 5185, Box 55  
APO AE 09461-8555**

**Civ. Phone Local  
01638-527-006**

**DSN Phone  
226-7006/7/8**

Principal  
Mrs. Zimmerman-Bayer

Assistant Principal  
Mrs. Laura Fouse

[LakenheathMS.Principal@eu.dodea.edu](mailto:LakenheathMS.Principal@eu.dodea.edu)

### LMS expectations

- *Be Responsible*
- *Be Respectful*
- *Be Reliable*

This Brochure was provided by your  
School Counselor

[Deborah.Dudley@eu.dodea.edu](mailto:Deborah.Dudley@eu.dodea.edu)

[Estelle.Brown@eu.dodea.edu](mailto:Estelle.Brown@eu.dodea.edu)

[Bobbi.Angely@eu.dodea.edu](mailto:Bobbi.Angely@eu.dodea.edu)

*Introducing Your*

# SCHOOL COUNSELOR



RAF Lakenheath  
Middle  
School

## School Counselors help

children by . . .

- Promoting positive attitudes among students toward self, family, peers and community.
- Assisting students in learning how school performance relates to future opportunities.
- Developing and delivering classroom guidance lessons that teach skills such as; healthy decision making, resolving conflicts, and respecting others.
- Working collaboratively with students, parents, and teachers to identify and remove barriers to learning.
- Supporting students by teaching skills for achieving success.
- Helping students to recognize and make the best of their abilities.
- Counseling students individually and in groups
- Providing support during personal crisis.



Counselors are the heart of the school by . . .

- Providing Competency Based Counseling based on the American School Counselor Association's National Model.
- Orienting students in transition
- Helping create a safe school environment where children can learn.
- Working with students on attendance issues.
- Helping design interventions to enhance student success.
- Developing community partnerships to enhance student career awareness.
- Helping teachers create a positive learning environment.
- Helping students learn anger management, conflict resolution, and mediation skills.
- Helping parents, teachers, administrators in learning how to meet the needs of all students.



**School Counselors Can Help in Many Situations**

“My parents are getting a divorce. I don't know what's going to happen.”

“I'm new here and I'm having trouble making friends.”

“Fred scores high on standardized tests but hardly makes passing grades in school.”

“Karen always tells me she doesn't have homework, but I found out she isn't doing it.”

“I need some ideas for helping students to get along with each other.”

“Bill hasn't been himself lately. He seems too preoccupied with something.”

“I have a bad temper and need to learn how to control it.”

“Mary has been absent from school an awful lot this year.”

“Kids are picking on me and I am afraid to tell anyone.”

“My parent is deployed and I don't know where that is.”